



Cudworth Dental
family dentistry & sedation centre



Intravenous Sedation Information Leaflet

Introduction

Naturally, you need to be as relaxed and confident as possible. We wish to do everything to make your visit for treatment under intravenous sedation to be as comfortable and as pleasant as possible.

If you do not understand any of these instructions or if there is anything making you feel unusually apprehensive about your treatment, please ask the dental surgeon or one of our staff. Our aim is to provide gentle comfortable care.

Note:

Should you be ill, have a cold or sore throat, please contact us the day before your appointment at the latest.

Please continue to take medicines prescribed by us or your medical practitioner as normal.

As special facilities and staff will be arranged for you, please follow these instructions carefully and bring your appointment card with you. If you do not follow these instructions we may not be able to proceed with your treatment and this will result in a broken appointment charge.

Should you have any queries please telephone us now on 01226 710380.

What **to do** on the day of treatment

All patients must be accompanied home by a responsible adult.

Arrive for your appointment fifteen minutes early so that pre-treatment documentation can be completed

Remove contact lenses before your treatment.

Do remove all make-up particularly lipstick and nail varnish before your appointment.

Remove all jewellery before attending for your appointment.

Tie back long hair.

Continue to take routine medicine unless the dental surgeon advises otherwise.

Tell the dental surgeon if you have been to see the family doctor or attended hospital since your appointment was made.

Give details of any medicines, tablets or pills which you are taking on or off prescription which you have not previously told us about before.

Wear loose fitting and comfortable clothing. It is particularly important for sleeves to be loose.

Inform the dentist if you are breast feeding.

What **not to do** on the day of treatment

Do not have any food or drink 2 hours prior to your appointment.

Do not drink any form of alcohol on the day of your appointment, before or after.

Do not wear tight clothing or shoes with high heels.

Do not wear any make-up or jewellery.

Do not bring anyone with you other than a responsible adult who will take you home. Please do not bring any other children with you.

What **to do** after your treatment

Rest for a few hours and take the rest of the day quietly.

Eat light and easily digestible food for the rest of the day.

Take any medicines, tablets or pills which have been prescribed for you.

What **not to do** after your treatment

Do not drive any vehicle, operate machinery, use cookers, kettles or irons or make any business decisions on the same day as your treatment. Your reflexes and judgement may have been affected.

Do not drink any form of alcohol until the following day.

Frequently asked questions

Who will Sedate me?

You will be sedated by a dentist specially trained in conscious sedation. The dentist will be assisted by a nurse who has also received specific training.

Are there any risks involved?

All drugs carry some risk. The risks associated with conscious sedation are very small, particularly when compared with general anaesthesia. There is negligible risk if you follow the instructions in this leaflet.

How long will I be drowsy?

Usually drowsiness lasts no more than 8 hours. Some people sleep heavily following sedation. Very occasionally some patients feel drowsy the following day.

Is it as good as general anaesthesia?

We can't guarantee oblivion with conscious sedation, but many people cannot differentiate between general anaesthesia and conscious sedation. The main benefits are that conscious sedation is inherently safer and more pleasant.

Should you have any queries please telephone us now on 01226 710380.

About Conscious Sedation.

Conscious sedation is a form of anxiety control which makes treatment more pleasant for the patient. It is effective, predictable and very safe.

Conscious sedation is the modern alternative to general anaesthesia for most dental procedures.

Where general anaesthesia was used in the past, progressive hospitals now use conscious sedation.

Conscious sedation can be given in a number of ways. Intravenous sedation is the most commonly used form in adults. Your dental surgeon will advise you if any other techniques are appropriate.

Conscious sedation will make you feel sleepy and relaxed. Most patients can remember little or nothing of the procedure, but it does not affect any part of your memory before the drug is given.

Following your sedation, you will be required to stay at the practice until the dental surgeon is satisfied that you are safe to be accompanied home by a responsible adult. This is because your judgement may be affected for anything up to the next 24 hours.

As the drowsiness wears off, you may notice that your mouth is numb. Please be careful not to burn or bite yourself until the numbness wears off. Numbness may last a few hours.

Conscious sedation is a very powerful and safe way of reducing anxiety to allow dental treatment to be carried out and for providing comfortable treatment during difficult or prolonged dentistry.



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